



## News Release

*For Immediate Release*

*Contact:*  
Mr. Matt Tuckey  
Carlisle Christian Academy  
(717) 249-3692

### **Local School Receives National Award**

Cumberland County, Pa. (May 16, 2007) – The President's Council on Physical Fitness and Sports announced Carlisle Christian Academy as a recipient of their Community Leadership Award. Notable efforts by the school to focus on the health and wellness of the student body and extended community included having a local pediatrician speak to parents about childhood obesity, implementation of a comprehensive wellness plan, inclusion of a ten-minute "wellness break" into the school day, participation in the President's Active Lifestyle Challenge, and the 2<sup>nd</sup> Annual Community Health Fair. These criteria, among others, were considered in honoring CCA with the award.

"The President's Council on Physical Fitness and Sports (PCPFS) is pleased to honor Carlisle Christian Academy for being chosen as one of our inaugural Community Leadership Award winners," said PCPFS Executive Director Melissa Johnson. "Our Community Leadership Awards are presented to leaders who improve the lives of individuals within their communities by providing or enhancing opportunities to engage in sports, physical activities, or fitness-related programs. Carlisle Christian Academy is certainly a role model in the greater Carlisle area for promoting, encouraging and motivating others to be more physically active and lead healthier lifestyles."

Matthew Tuckey, School Administrator added, "CCA will continue to focus on raising awareness of health and wellness related issues in not only our school, but in our community as well. We're honored to be recognized by the President's Council on Physical Fitness and Sports for these efforts."

CCA will hold its 2<sup>nd</sup> Annual Community Health Fair on Monday, June 4 from 2:00 – 4:00 p.m. in the school gymnasium (1412 Holly Pike, Carlisle). The event is free and is open to the public. The Health Fair is sponsored by the Carlisle Area Health and Wellness Foundation and Jensar Associates.

For more information on Carlisle Christian Academy, visit [www.carlislechristian.org](http://www.carlislechristian.org)

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